

## 2022-23 OIA Swimming Diving Schedule

Final v7 10.26.22

Start Times on Test Dates      Saturday 2:00pm      SAT: Nov.5, Dec.3 / ACT: Dec.10, Feb.11

### WARM UP TIME LISTED IN PARANTHESES IN RED

Qualifying Meets:      Nov. 19 Sat. @Kalani **(8:00 am)**10:00a      Dec. 3 Sat@Kalani SAT Test **(12:00 pm)**2:00p  
 Nov. 26 Sat. @Kalani **(8:00 am)**10:00a      Dec.10 Sat.@Kalani ACT Test **(12:00 pm)**2:00p

Kalani Invitational:      Dec. 16 Friday      Fri. **(12:00 pm)** 2:00pm @ Kalani  
 Dec. 17 Saturday      Sat. **(10:00 am)** 12:00pm @ Kalani

OIA Relays Diving      Dec 21 Thursday **(3:00p)** 4:00pm      KAISER  
 OIA Relays Championships      Dec 23 Friday **(12:00p)** 2:00pm      KALANI  
 Dec. 31 Bye

Qualify Meet #5      Jan. 7 Saturday      @Kalani **(8:00 am)** 10:00a

JV Championships Diving      Jan. 12 Thurs. 4:00pm      KAISER/VMAC  
 JV Championships Swim      Jan. 14 Sat. **(8:00am)** 9:00am      KALANI : Host - Roosevelt

West Diving      Jan. 19 Thurs. 4:00 pm      VMAC  
 East Diving      Jan. 21 Sat. 10:00 am      KAISER  
 Western Division Swim      Jan. 21 Sat. **(8:00a)** 9:00 am      VMAC : Host - Waianae  
 Eastern Division Swim      Jan. 21 Sat. **(12:00p)**1:00 pm      VMAC : Host - Kalani

OIA Championship Diving      Jan. 28 Sat. 10:00 am      VMAC  
 OIA Championship Trials      Jan. 27 Fri. **(2:00p)** 3:15 pm      VMAC : Host - Waianae/Kaiser  
 OIA Championship Finals      Jan. 28 Sat. **(12:45p)** 2:00 pm      VMAC : Host - Waianae/Kaiser

Bye Week      Jan. 30- Feb 4      Bye Week

State Championships Trials      Feb. 10 Fri. 10:00am      UH Duke Kahanamoku Facility - OIA  
 State Championships Finals      Feb. 11 Sat. 10:00am      UH Duke Kahanamoku Facility - OIA  
 Diving 10:00 am : Swimming 2:00pm