

Oahu Interscholastic Association
2006-2007 WRESTLING WEIGHT MONITORING PROGRAM-rev. 11/10/06

1. Test Dates and Times

- Test #1 Western Division: Monday, December 4th, 2006 at Kapolei High
2:30 pm – Kapolei
3:00 pm – Radford, Campbell, Waipahu
3:45 pm – Aiea, Mililani, Waialua
5:00 pm – Leilehua, Nanakuli, Pearl City, Waianae
- Eastern Division: Monday, December 11th, 2006 at Castle High
3:00 pm – Castle, Moanalua, Kailua
4:00 pm – Kalaheo, Farrington, Roosevelt, Kaimuki
5:00 pm – Kahuku, Kaiser, Kalani, McKinley
Buses must enter from the back parking lot at Namoku Street.
- Test #2 All Schools: Monday, December 18th, 2006 at Mililani High
12:00 pm – Mililani, Leilehua, Waialua, Moanalua, Radford, Kapolei
1:00 pm – Kahuku, Aiea, Nanakuli, Farrington
2:00 pm – Castle, Campbell, Waipahu, Kailua, Kalaheo, McKinley
3:00 pm – Waianae, Kaiser, Pearl City, Kalani, Kaimuki, Roosevelt
- Test #3 All Schools: Monday, January 8th, 2007 at Moanalua High
3:00 pm – All Schools. Tests will be administered on a first come, first served basis. **LAST CHECK-IN WILL BE TAKEN AT 4:30 PM.**

If schools are late to testing because of transportation problems, please contact Alex Lo at 368-4657 immediately. When arriving, coaches should check in at the registration table and await further instructions. School's arriving earlier than their scheduled times will wait until it's their turn. School's arriving late will be scheduled in at a later time.

2. Pre-Test Lists

Pre-Test lists are due to Brandy Burke the **WEDNESDAY at 10:00 pm prior to each test** via email or fax except for the first test. No exceptions will be made. Lists should contain the Wrestlers Legal Name, Gender, Age, and Grade. Lists are sent via email, are asked to be entered into an Excel Workbook and the school's name entered as the file name. Any questions, please contact Brandy.

Due Dates: Test #1 – Nov. 29th (West)/Dec. 6th (East), Test #2 - Dec. 13th, Test #3 - Jan. 3rd.

3. Test Rules, Policies, and Procedures

Coaches are responsible for the supervision and actions of their wrestlers. Only test proctors, site administration, and athletes taking the test will be allowed in the testing area. NO coaches are allowed. Violators will be reported to school administration for appropriate actions to be taken. If at anytime you have any questions, please ask the person at the registration table. Do not assume anything. Please make sure all forms are signed and wrestlers watch the Weight Monitoring program video as required by the HHSAA and OIA prior to arrival. Copies were distributed to all schools 3 years ago. Please see your AD's. Extra copies are available for purchase, cost is \$10.00.

4. Test Results

Test results will be made available to coaches at the conclusion of the data entry of their entire squad. Coaches may send a designee to pick up results. Results can be picked up at the registration table. Otherwise, results will be given to each school's trainer. Coaches wishing to receive their results via email or fax are asked to make arrangements with Brandy prior to the test.

5. Discrepancies with Results

If discrepancies are found with test results, verbal and written notice will be given immediately to the school's coach, athletic director, and athletic trainer. Notification will be given by the OIA Wrestling Coordinator or designee.

6. Contact

If you have any questions regarding any of the above information, please contact:

<u>BRANDY BURKE</u>	Phone: (808) 306-8681
Email: brandy.burke@kahukufootball.org	(808) 293-8950 ext. 350
brandysbox@gmail.com	Fax: (808) 293-9139